

# ENDEAVOR HALL NEWSLETTER



## *A School for Young Writers*

APRIL 2020

State issues extension on K-12 and Technical College dismissal SALT LAKE CITY (March 23, 2020) - Gov. Gary R. Herbert, State Superintendent Syd Dickson, and Acting Commissioner of Technical Education Jared Haines announced today that **Utah's K-12 public schools will extend their dismissal through Friday, May 1st**, and that Utah's technical colleges will suspend teaching from Monday, March 30 until Friday, May 1. **These entities will continue to evaluate the situation to make a determination about the remaining school year.** Gov. Herbert expressed his appreciation to the educators throughout our state who have quickly adapted their instruction to remote learning platforms. "These are unprecedented times in Utah's and our nation's history," the governor said, "I have been overwhelmed with Utahns' outpouring of support for one another, and nowhere has this been more evident than in the way our educators are supporting Utah students and families." **Distance learning will continue during the extended dismissal for all K-12 public schools, where feasible.** Employees will be limited at school buildings, following the Governor's and CDC's guidelines to avoid gatherings of groups of ten or more. Teachers are being, and will continue to be, encouraged to telecommute when possible. "We recognize that being away from school creates additional work and stress for everyone in our communities; however, it is a necessary step in stopping the spread of COVID-19," said State Superintendent Sydnee Dickson. "During the uncertainties of the coming weeks, it is more important than ever to remain socially connected with our students and families while doing our best to ensure learning continues. The flexibility and initiative of our educators is a shining example of how we rise together in challenging circumstances." Meal services at K-12 public schools will also continue on an as-needed basis. Please visit the Utah State Board of Education's website for an interactive map of emergency meals available for children daily. In addition, all of Utah's technical colleges will temporarily cease instruction and coursework beginning Monday, March 30th through Friday, May 1st. Utah's higher education campuses have previously moved to strictly online instruction; however, given the unique nature of technical college coursework with hands-on instruction and open-entry scheduling, continuing in an online-only model is not widely feasible for students at this time. Students currently enrolled in technical college programs will retain their progress toward completion during this pause. In addition, college presidents have discretion to address limited exceptions for delivering coursework online or for individuals or

small groups of students nearing completion, following the guidelines provided by the CDC and for which instructional equipment can be properly sterilized. Colleges will provide further guidance to their employees. “I appreciate the willingness of our UTech instructors and programs to be flexible through this time of disruption,” Interim Commissioner Jared Haines said, “We are invested in the quality of our instruction and want technical college students to have the knowledge and skills needed to be successful in industry. This requires hands-on labs and assessments that we are unable to safely administer at this time. Students will be able to seamlessly resume their progress toward completion as soon as possible.” The COVID-19 Task Force, Utah Department of Health, and Governor Herbert will continue to monitor and assess the risks, and respond accordingly in conjunction with Utah’s school officials. All of our schools play an important role in protecting our communities from the growing spread of coronavirus/COVID-19. For more statewide information, we would encourage you to visit <https://coronavirus.utah.gov/>. **For questions related to K-12 public schools, visit <https://schools.utah.gov/coronavirus>, or contact your local school, district, or charter.** For questions related to technical colleges, click on the COVID-19 link on each institution’s website.



## Artist of the Week





## Wash Your Hands Often to Stay Healthy

You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs:

- **Before, during, and after** preparing food
- **Before** eating food
- **Before and after** caring for someone at home who is sick with vomiting or diarrhea
- **Before and after** treating a cut or wound
- **After** using the toilet
- **After** blowing your nose, coughing, or sneezing
- **After** touching an animal, animal feed, or animal waste
- **After** handling pet food or pet treats
- **After** touching garbage

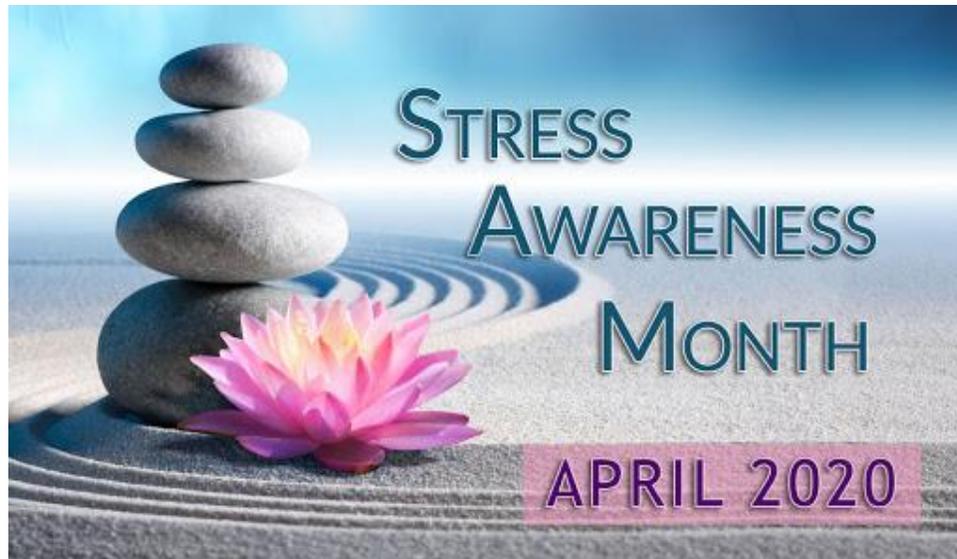
## Follow Five Steps to Wash Your Hands the Right Way

Washing your hands is easy, and it's one of the most effective ways to prevent the spread of germs. Clean hands can stop germs from spreading from one person to another and throughout an entire community—from your home and workplace to childcare facilities and hospitals.

Follow these five steps every time.

1. **Wet** your hands with clean, running water (warm or cold), turn off the tap, and apply soap.
2. **Lather** your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. **Scrub** your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. **Rinse** your hands well under clean, running water.
5. **Dry** your hands using a clean towel or air dry them.





## **STRESS AWARENESS MONTH**

Stress Awareness Month is an annual designation observed in April. Have you ever been in a situation that was overwhelming, you had deadlines approaching and a mile-long to do list, and you were just in way over your head? Well, you're definitely not alone. Everyone feels stressed from time to time, especially as we get older and the responsibilities really pile onto our plate. The thing about stress is, a little bit of it isn't necessarily a bad thing, but too much of it can be detrimental to our emotional and physical health. Learning to find that healthy balance is the best way to live a productive, happy life.

A small amount of stress once in a while is a good thing, because it means you're working hard and you care about what you're doing. If you were never stressed, that would probably mean you're living a lethargic lifestyle without a whole lot of work involved. However, too much stress doesn't allow us to think straight, and is overbearing and counterproductive. Prolonged stress even leads to real physical problems and can cause ulcers, diabetes, muscle and joint pain, and many more.

This month, recognize the difference between good and bad stress and try to find your happy place within the madness.

# WHO ARE YOU



**Kelsey Wolf/4<sup>th</sup> Grade Teacher**

**Favorite Hobby?** Golf

**Favorite Subject?** Science

**Bucket List?** Write a Book

**Pet Peeve?** Tardiness. I hate when people are late!

**Jo Moss/Special Education**

**Favorite Food?** Fried Rice

**Favorite Vacation?** The Oregon Coast

**Bucket List?** Go to Thailand

**Pet Peeve?** Chewing with your mouth open



**Tony George/Special Education**

**Favorite Author?** Jack London

**Favorite Hobby?** Road Trips

**Bucket List?** Run a Marathon

**Pet Peeve?** People not being honest

**Katherine McLean/1<sup>st</sup> Grade Teacher**

**Favorite Sport?** Lacrosse

**Favorite Subject?** Math

**Bucket List?** Visit every Disney Park in the world

**Pet Peeve?** Clothes on the floor



**Carolyn Moser/2<sup>nd</sup> Grade Teacher**

**Favorite Music?** Oldies, Country, Pop

**Favorite Food?** Chicken Enchiladas

**Bucket List?** Go to Ireland

**Pet Peeve?** Disorganization

**Meagan Jones/5<sup>th</sup> Grade Teacher**

**Favorite Hobby?** Read

**Favorite City?** Billings, Montana

**Bucket List?** Go to Ireland & Prince Edward Island

**Pet Peeve?** Students that don't turn in their work.



# Spanish



Señor Beck / Spanish Teacher

## Benefits of Learning a Second Language as a Child

It can be difficult to raise a bilingual child, but the **benefits of learning a second language at an early age** are certainly worth the struggle.

Bilingual children learn faster and easier, have improved problem solving skills and creativity, and have more career opportunities in adulthood. They also find it easier to connect with other cultures which makes them more open-minded and tolerant of diversity, and they are less likely to experience age-related mental illness as they reach old age. Most importantly, it's much easier to learn a second language at an early age.

In addition, learning a second language isn't as difficult as it used to be. Scientists are constantly studying second language acquisition and developing new methodologies to help kids learn faster.



## What's the Origin of the Easter Bunny?

**E**aster is the Christian

celebration of the resurrection of Jesus, but the seasonal chocolate eggs and the bunny who delivers them are

nowhere to be found in scripture.

The exact origins of the Easter bunny are clouded in mystery. One theory is that the symbol of the rabbit stems from pagan tradition,

specifically the festival of Eostre—a goddess of fertility whose animal symbol was a bunny. Rabbits, known for their energetic breeding, have traditionally symbolized fertility.

Eggs are also representative of new life, and it's believed that decorating eggs for Easter dates back to the 13th century. Hundreds of years ago, churches had their congregations abstain from eggs during Lent, allowing them to be consumed again on Easter. According to [History.com](https://www.history.com), in the 19th century Russian high society started exchanging ornately decorated eggs—even jewel encrusted—on Easter.

But how did the Easter Bunny begin delivering eggs on American shores? According to [History.com](https://www.history.com), the theory with the most evidence is that the floppy-eared bearer of candy came over with German immigrants.

Bunnies aren't the animal traditionally associated with Easter in every country. Some identify the holiday with other types of animals like foxes or cuckoo birds.

**TIME**



## **APRIL HISTORY**

**April 2, Birthday** - Fairy tale author **Hans Christian Andersen** (1805-1875) was born in Odense, Denmark. He created 168 fairy tales for children including the classics The Princess and the Pea, The Snow Queen and The Nightingale.

**April 3, 1860** - In the American West, the **Pony Express** service began as the first rider departed St. Joseph, Missouri. For \$5 an ounce, letters were delivered 2,000 miles to California within ten days.

**April 3, 1995** - Supreme Court Justice **Sandra Day O'Connor** became the first woman to preside over the Court, sitting in for Chief Justice William H. Rehnquist who was out of town.

**April 3, Birthday** - American writer **Washington Irving** (1783-1859) was born in New York City. His works include; Rip Van Winkle, The Legend of Sleepy Hollow and historical biographies such as the Life of Washington.

**April 4, 1968** - Civil Rights Leader **Rev. Dr. Martin Luther King** was shot and killed by a sniper in Memphis, Tennessee. He is best remembered for his I Have a Dream speech. King's other efforts helped the passage of the Civil Rights Act of 1964 and the Voting Rights Act of 1965. In 1986, Congress established the third Monday in January as a national holiday in his honor.

**April 5, Birthday** - African American Educator **Booker T. Washington** (1856-1915) was born a slave in Franklin County, Virginia. Freed by the Civil War, he taught himself the alphabet and eventually graduated from an agricultural institute. In June of 1881, he was asked to become the principal of a new training school for blacks at Tuskegee, Alabama.

**April 6, 1896** - After a break of 1500 years, the **1st Olympics** of the modern era was held in Athens, Greece.

**April 10, Birthday** - Publisher **Joseph Pulitzer** (1847-1911) was born in Budapest, Hungary. He came to America in 1864 and fought briefly in the Civil War for the Union. He then began a remarkable career in journalism and publishing. His newspapers included the St. Louis Post-Dispatch and the New York World. He also endowed the journalism school at Columbia University and established a fund for the Pulitzer Prizes, awarded annually for excellence in journalism.

**April 11, 1970** - **Apollo 13** was launched from Cape Kennedy at 2:13 p.m. Fifty-six hours into the flight an oxygen tank exploded in the service module. Astronaut John L. Swigert saw a warning light that accompanied the bang and said, "Houston, we've had a problem here." Swigert, James A. Lovell and Fred W. Haise then transferred into the lunar module, using it as a "lifeboat" and began a perilous return trip to Earth, splashing down safely on April 17th.

**April 12, 1861** - The **American Civil War** began as Confederate troops under the command of General Pierre Beauregard opened fire at 4:30 a.m. on Fort Sumter in Charleston, South Carolina.

**April 12, 1961** - Russian cosmonaut **Yuri Gagarin** became the first human in space.

**April 13, Birthday** - **Thomas Jefferson** (1743-1826) was born in Albermarle County, Virginia. He was an author, inventor, lawyer, politician, architect, and one of the finest minds of the 1700's. He authored the American Declaration of Independence and later served as the 3rd U.S. President from 1801 to 1809.

**April 14, 1865** - President **Abraham Lincoln** was shot and mortally wounded while watching a performance of Our American Cousin at Ford's Theater in Washington.

**April 16 Birthday** - Film comedian **Charlie Chaplin** (1889-1977) was born in London. He began in vaudeville and was discovered by American film producer Mack Sennett. He then went to Hollywood to make silent movies.

**April 18, 1775** - The Midnight Ride of **Paul Revere** and William Dawes occurred as the two men rode out of Boston about 10 p.m. to warn patriots at Lexington and Concord of the approaching British.

**April 21, 1918** - During World War I, the **Red Baron** was shot down and killed during the Battle of the Somme. British pilots recovered his body and buried him with full military honors.

**April 23, Birthday** - **William Shakespeare** (1564-1616) was born at Stratford-On-Avon, England. Renowned as the most influential writer in the English language, he created 36 plays and 154 sonnets, including Romeo and Juliet, Hamlet and The Merchant of Venice.

**April 24, 1800** - The **Library of Congress** was established in Washington, D.C. It is America's oldest federal cultural institution and the world's largest library.

**April 25 Birthday** - **Radio** inventor Guglielmo Marconi (1874-1937) was born in Bologna, Italy.

**April 26, 1994** - Multiracial elections were held for the first time in the history of South Africa. With approximately 18 million blacks voting, **Nelson Mandela** was elected president and F.W. de Klerk vice president.

**April 29, Birthday** - American publisher **William Randolph Hearst** (1863-1951) was born in San Francisco. He took control of the failing San Francisco Examiner which his father had purchased. Hearst's sensational style of "yellow journalism" sold unprecedented numbers of newspapers and included promoting a war with Cuba in 1897-98.

**April 30, 1789** - **George Washington** became the first U.S. President as he was administered the oath of office on the balcony of Federal Hall at the corner of Wall and Broad Streets in New York City.

## **5.7 Magnitude Earthquake in Magna**

A 5.7 magnitude earthquake shook the Salt Lake City area Wednesday morning, cutting power to tens of thousands and suspending work at Utah's public health lab amid the coronavirus pandemic, officials said.

Flights to Salt Lake International Airport were diverted, departures were postponed and terminals and concourses were evacuated so engineers could inspect the facilities, the [airport](#) said.

The quake was centered about 10 miles west of Salt Lake City, near the city of Magna, starting at 7:09 a.m. (9:09 a.m. ET), the [US Geological Survey](#) said.

People in downtown Salt Lake City left buildings and gathered outside after the quake, talking about the shaking.

"It didn't feel like a small earthquake at all. I heard things in my kitchen falling," Michael McCarlie, who lives in an apartment at the City Creek Landing development in the capital, told KSL.

This is the state's most powerful quake since 1992, when a magnitude 5.9 temblor struck the St. George area, Utah's Division of Emergency Management said.

Operations at the state's public health laboratory were halted as the building was assessed for damage, the [state Department of Health](#) said.

The state's coronavirus hotline, which residents may call to request tests and seek information, was down after the quake, Gov. Gary Herbert [said on Twitter](#) -- though the health department said a [temporary information line](#) was available.

The Department of Health said its lab is being assessed for damage, and testing will resume when the building is "determined to be safe."

"There were no samples being tested at the time of the earthquake," the department said in a [media advisory](#) posted on Twitter. "Additionally, no samples or laboratory equipment were damaged during the earthquake."

Commercial labs in the state are working and still processing Covid-19 tests, the department said.

By the early afternoon there were about 10,000 customers without power, down from 73,000 immediately after the quake, [Rocky Mountain Power](#) reported.



"Please stay away from the downtown area while crews assess damage," Herbert [said](#). "Unless you work in public safety, or are an essential employee, remain at home or telework."

The quake comes as Utah residents, like people across the world, are adjusting to changes brought by the coronavirus pandemic, including canceling schools and [limiting mass gatherings](#).

"I know the last thing we need right now is an earthquake, but here we are, and it sounds like

aftershocks are likely," Salt Lake City Mayor Erin Mendenhall [said on Twitter](#).

At the city's iconic Mormon temple, the quake dislodged the trumpet of the angel statue atop its highest spire, video from [KSL](#) showed.

"The trumpet on the Angel Moroni statue fell off, and there is minor displacement of some of the temple's smaller spire stones," said Daniel Woodruff, a spokesman for The Church of Jesus Christ of Latter-day Saints.

School districts in the area have been offering grab-and-go lunch pickup programs during the coronavirus break, but some districts canceled those programs Wednesday because of the earthquake.

*Daniel Burke, Dave Hennen, Judson Jones, Andy Rose and Theresa Waldrop contributed to this report.*